

A PRAYER FOR PUTTING ON A MASK

Creator of All,
As I put on this mask,
I cover my face.
As I go about my daily tasks
May people see you at work.

I breathe in. I breathe out.
I feel your love in me.

Lord Jesus Christ,
I don't like the feel of the mask
on my face and my ears.
May I remember that you have
Shown me that love is a sacrifice.

I breathe in. I breathe out.
I feel your grace in me.

Holy Spirit,
Doing this day after day
is getting old.
Help me remember that I
am protecting the gift of life.

I breathe in. I breathe out.
I feel your life in me.

Amen.

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