

A PRAYER FOR HELP AND TRUST BASED ON PSALM 54

Lord, I feel like the world is against me.
Sometimes people let me down or hurt me.
But I know You are always by my side.
Please hear me when I call out to You.

I don't always understand why things go wrong.
But I trust You will help me through it.
You see everything, even when I can't.
Give me strength to keep going.

When people fail me, I turn to You.
You are the one who never leaves me.
Help me to trust in Your justice and Your plan.
Keep me safe from harm.

I ask for Your protection, Lord.
Help me make good choices and stay close to You.
Guard my heart from fear and anger.
Teach me to forgive those who hurt me.

Thank You, God, for always being there.
I know You hear my prayers and care for me.
Help me to live each day with trust in You.
And give me a thankful heart. Amen.

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