## A PRAYER FOR GUIDANCE AND PURPOSE BASED ON PSALM 90

Lord, You have always been with us, from generation to generation. You are our safe place in a world that changes. Help us remember that You are forever, while our time here is short.

Teach us to make the most of each day, to live with purpose and wisdom. Guide us in our choices and actions, so that our lives reflect Your love and bring good to those around us.

When life gets hard and we feel lost, remind us that You are with us. Bring us joy even in tough times, and help us trust that You will see us through.

Bless the work we do, big and small. Let our efforts be meaningful and lasting. Show us how to use our talents well, and give us the strength to keep going.

Lord, as we walk through life, may Your presence guide us. Help us live in a way that honors You, and let Your love be the light that leads us. Amen.

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