

A PRAYER AS I GROW OLDER

BASED ON PSALM 71

I come to you for protection Lord.
You keep me from shame.
Those around me don't understand
me now.
I trust you though.

When I was a baby you sheltered me
in my family.
Those around me showed your care
for me.
But now everything is different.
I'm not a child anymore.

I change as I grow older.
My friendships change also.
Some of my former friends laugh at
me now.
Or they seem to want me to fail.
Your love is always constant.

In each stage of life there are new
challenges.
But I know I can always count on you.
That gives me hope and joy.
I am grateful for your presence as my
days pass.

Amen.

young-catholics.com

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