

## **A PRAYER OF PRAISE AND TRUST BASED ON PSALM 138**

Dear God, thank You for Your love and care.  
I praise You with all my heart.  
Help me to see Your goodness every day.  
Guide me to live in a way that honors You.

When I face challenges, remind me You are near.  
Give me strength to trust in Your help.  
Help me to remember You answer my prayers.  
I find comfort knowing You are always with me.

Thank You for listening to me.  
Thank You for supporting me in tough times.  
Help me to be grateful for all Your blessings.  
Teach me to see the good in every situation.

You are greater than anything in my life.  
Help me to remember Your power and love.  
Guide my steps and my decisions.  
Help me to trust in Your plan for me.

Lord, keep me safe and close to You.  
Show me the way to live each day.  
Help me to always turn to You in prayer.  
Thank You for being my constant support. Amen.

## **PRAYER OF TRUST AND GRATITUDE BASED ON PSALM 34**

Dear God,  
Thank You for always being with me.  
In good times and bad, You never leave.  
Help me to always praise You.

When I am scared or unsure,  
Remind me that You hear my prayers.  
Give me strength to trust You more each day.  
Help me to feel Your presence.

Teach me to be thankful,  
For the big blessings and the small ones.  
Open my eyes to see Your goodness,  
And to share that with others.

When I see friends in trouble,  
Help me to show them Your love.  
Guide me to be kind and caring,  
Just as You care for me.

Stay close to me, Lord,  
Especially when I feel alone or sad.  
Comfort me with Your peace,  
And help me to trust in Your love always. Amen.