

How to Play Crossed Up Jam Up Game

Materials

- none

Instructions

1. Divide the group into four teams.
2. Each team stands in one corner of the room.
3. The leader calls a way that everyone should move. For example:
 - crab walk
 - backward walk
 - eyes closed (be careful with this one!)
 - in pairs with one person holding on to the shoulder of the other
 - hopping on one foot
 - make up your own
4. The teams must use the method called to go from their corner to the diagonal corner. There will be a traffic jam in the middle.
5. The first team to get all of their members to the opposite corner scores a point.
6. Keep repeating with different commands.
7. The team with the most points at the end wins.