

# How to Play Ninja

## Materials

- none

## Instructions

1. The group stands in a circle, with their hands placed together. (Prayer style)
2. On “go” each player strikes a ninja pose.
3. Players take turns swiping at each other with their hands. They may only take one step with one foot while swiping. At the end of the swipe, they freeze and cannot move.
4. The player being swiped at may also move their hands and take one step, but must also freeze after the dodge.
5. If a target’s hand is hit, it is “dead” That hand must be held behind their back for the rest of the game.
6. When both of a player’s hands are hit he or she is completely dead and is out.
7. Play continues with each player taking a turn in clockwise order.
8. Last player left in the game wins.

## More Resources

[Medusa](#)

[Chicken on a Hut](#)

[Musical Statues Game](#)

[More Youth Ministry Games](#)