

# Instructions for Paper Airplane Prayer

**Objective:** The objective of the Paper Airplane Prayer activity is to provide a fun and interactive way for a group to collectively offer prayers. This activity can help participants reflect on the significance of prayer and how it allows us to communicate our deepest desires to God.

Materials needed for Paper Airplane Prayer:

- Sheets of paper
- Writing materials such as pens, pencils, markers, or crayons

Steps for Paper Airplane Prayer:

1. Explain to the group that this activity involves offering prayers and emphasize the need for a prayerful attitude throughout the activity.
2. Provide each participant with a sheet of paper and writing materials like pens, pencils, markers, or crayons.
3. Instruct participants to write their prayer on the paper and allow them to do this quietly.
4. Demonstrate how to fold the paper into a basic paper airplane shape and ensure that everyone in the group is able to do so.
5. Remind the group to be respectful and attentive as each participant reads their prayer aloud.
6. Have each participant read their prayer, unfolding their airplane if necessary.
7. After everyone has shared their prayer, instruct participants to fly their paper airplanes.
8. Reflect on the significance of prayer and how it allows us to communicate our deepest desires to God.