

How to Play Walk the Plank

Game Objective: The objective of the game is for teams to move down the playing area on two boards without anyone falling off. This requires a lot of cooperation and communication between team members, promoting teamwork and problem-solving skills.

Materials:

- Two planks per team (2x4s or 2x6s)

Instructions:

1. Divide the group into teams of about five players each.
2. Give each team two planks.
3. Set up the playing area by placing the planks parallel to each other, with enough space in between for the teams to walk on them.
4. Have each team start at one end of the playing area and move as a team to the other end.
5. If any team member falls off the planks, they must take their planks back to the start and begin again.
6. Encourage teams to work together to find the best solution to move down the playing area without anyone falling off.
7. Celebrate with all teams once they have successfully moved down the playing area on their planks.

Notes:

- The planks should be 2 feet X the number of players per team. For example, if your teams consist of 4 or 5 players, give them 10-foot boards.
- While turning the game into a race is an option, it's not necessary. The ultimate goal is for teams to move from one end of the playing area to another as a team.
- There is no right or wrong way to play the game. Encourage teams to try different variations and work together to find a solution that works best for them.
- This game is suitable for middle school VBS or youth group, as it promotes problem-solving and team-building skills.

Resources

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<https://young-catholics.com/1042/walk-the-plank-game/>