

How to Play Medusa Game

Objective: The objective of the Medusa Game is to avoid making eye contact with other players in the circle while trying to catch someone else's gaze. Players must stay alert and react quickly to prevent themselves from turning into "stone."

Materials: None

Instructions

1. **Formation:**
 - Gather the group in a circle, ensuring everyone has their arms around the shoulders of the people next to them.
 - Encourage participants to stand close together, creating a tight-knit huddle.
2. **Downward Focus:**
 - Instruct all participants to look directly down at their shoes.
 - Emphasize the importance of maintaining this downward gaze until instructed otherwise.
 - This initial position builds anticipation and prevents accidental eye contact.
3. **Eye Contact Commencement:**
 - On the count of three, prompt everyone to raise their heads and look directly at another player in the circle.
 - Ensure all players understand that eye contact should be made only with one person at a time.
4. **The Petrifying Stare:**
 - If two players happen to make eye contact, they must promptly fall down dramatically, as if they have been turned into stone by the gaze of Medusa.
 - Encourage participants to embrace their creativity and add their own style to the dramatic fall.
 - Remind players to be mindful of their surroundings and avoid colliding with others while falling.
5. **Elimination and Progression:**
 - The game continues until only one or two players remain standing.
 - These survivors can be crowned as the ultimate Medusa Game champions.

Notes

- Encourage participants to have fun and be expressive during the game.
- Remind players to respect one another's personal space and avoid any rough contact.
- Emphasize the importance of quick reactions and staying focused to avoid making eye contact.
- Consider awarding style points for particularly dramatic falls or creative expressions.
- Adapt the game based on the size of the group and the available space to ensure everyone can participate comfortably.
- Remember to foster a positive and inclusive environment throughout the game, ensuring that all participants feel involved and valued.