

How to Play the Sleeping Conductor Game

Materials

- Small pieces of paper (index cards or cut-out squares)

Instructions

1. Bring together the group of youth participants and ensure that everyone is ready to engage in the game.
2. Select one participant to be the conductor for the first round. The conductor will have the initial responsibility of holding the ticket and attempting to identify the ticket thief.
3. Arrange the remaining participants in a circle around the conductor. Ensure that there is enough space for the conductor to comfortably sit on the floor.
4. Explain the rules and objectives of the game to all participants. Emphasize that the conductor will “fall asleep” while the others attempt to steal the ticket without being noticed.
5. Give the conductor a small piece of paper (or index card) to serve as the ticket.
6. Instruct the conductor to close their eyes and pretend to fall asleep, positioning themselves comfortably on the floor. Encourage the conductor to remain still and avoid peeking.
7. While the conductor is “asleep,” one participant should quietly approach and take the ticket from the conductor’s hand or vicinity without being detected.
8. Instruct the participant who took the ticket to hide it discreetly, ensuring that it is not visible to the conductor or other participants.
9. After the ticket has been stolen and hidden, signal the conductor to wake up. The conductor should open their eyes and assume an alert posture.
10. The conductor now has three chances to guess who stole the ticket. Encourage the conductor to observe the actions and behavior of the participants to make an informed guess.
11. If the conductor successfully identifies the ticket thief within three guesses, the identified participant becomes the new conductor for the next round. If the conductor fails to guess correctly, the same conductor continues for another round.
12. Repeat the game for as many rounds as desired, allowing different participants to take turns as conductors and thieves.

Note: Ensure that the game is played in a respectful and inclusive manner, promoting a positive and encouraging environment for all participants.

Resources:

[More Youth Ministry Games](#)

[Get a Conductor Hat](#)

<https://young-catholics.com/2126/sleeping-conductor-game/>