

STILL HOLDING ON

BASED ON PSALM 44

God, we remember the stories. You helped your people long ago. You gave them strength. You stayed with them through everything. We believed you would do the same for us.

But now things feel different. We feel alone. Friends let us down. The world feels loud and cold. We wonder where you are.

We try to stay faithful. We go to Mass.

We try to pray. But nothing seems to change. We're tired and don't understand.

Still, we talk to you. We ask you to listen. Help us not give up. Remind us we are not alone. Stay near, even when we can't feel it.

We're still here, Lord. We're still trusting you. Even in the silence. Even in the mess. We are still holding on. Amen

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