

HELP ME LOOK UP

BASED ON PSALM 23

Lord, I feel small today.

People talk like I don't matter. Help me lift my eyes to You.

Sometimes I get tired of trying. I feel left out, judged, and ignored. But You see me. You care. I know You do.

I don't have all the answers. I make mistakes. I feel lost. But I wait for You, Lord. I trust You will help me.

Keep my eyes on You. Even when things are hard. Even when others laugh or walk away. Be my help. Be my hope.

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