

WHEN I CAN'T SLEEP

BASED ON PSALM 77

Lord, sometimes I feel alone.

I wonder if You hear me. Nights feel long, and my mind will not rest. I come to You because I do not know where else to go.

I remember the times You helped me before. You gave me peace when I was scared. You gave me friends when I needed someone to talk to. You never left me, even when I felt far from You.

You are still the same God who made the world. You are the same God who saved Your people long ago. You are strong when I feel weak. You guide me even when I cannot see the way.

Help me to trust You again. Help me to remember that You care for me. Stay close to me, Lord, today and always. I will wait for You and hope in You.

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