

# YOU ARE MY SAFE PLACE

## BASED ON PSALM 46

God, you are my safe place when life feels too hard. When school, friends, or family feel like too much, help me remember you are always close. You are stronger than anything that scares me.

The world feels loud and busy, but you are steady. You are like a quiet place where I can breathe. Give me peace when I feel stressed or afraid. Help me trust that you are in control.

Be with me when I feel alone. Fill my heart with your love so I do not give up. Help me see you in the people who care about me. Remind me that you never leave me.

Teach me to be still and listen to you. Help me slow down and rest in your care. You are my God, and I belong to you. I will trust you today and always.

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